

## Believing in Believing

Mark Victor Hansen, a well respected author once said “Your belief determines your actions and your actions determines your results, but first you have to believe.” We all have dreams; we all want to achieve something in life. However, it is often that we are impeded by what we perceive as “impossible” and how we often succumb to the mere thought of failure. I personally believe that believing in oneself is always the most important and basic step up the stairs towards success. Only if I truly secure my belief to my heart will it guide me through the winding paths of hardships to my final destination. When I believe I can do it, I can, when I believe I can’t, I am right.

When I was Primary 6, I faced the challenge of the Primary School Leaving School Examination, also known as PSLE. As a child, it was the first time the word “future” appeared as the biggest question in my mind and with the enormous stress pressing me down, I doubted myself. My goal at that period of time is to get a score of 260 and above. However, my weakness in certain areas of my school work caused me to start losing faith and hope. When I was at my lowest point, my teacher pulled me away from the world of uncertainty. “Truly believing in yourself is the key to success. Nothing is impossible, it is just the way you think of it” is what she told me. That is when I realize the importance of believing. If I could not even believe that I can do it, how in the world is it possible for me to succeed? I picked up her words, building the courage to believe and to fulfill my goal. My belief in succeeding made me see my goals clearer, urging me to work harder and put in extra effort. It was the belief that made me pass the examinations with flying colors, it was the belief that made everything possible.

Believing in something, to some, may sound as unimportant as a useless trust in oneself, but to me, it holds much more significance and impact. It is such a powerful tool as it allows my mind to focus whenever it goes way off track, because when I believe, I am no longer tied down by fear. Previously in some points of my life, I just could not look pass my weaknesses and see the hidden potential in myself, thinking that I am not the person to dream of success in the area I am weak in. However, as I grow, I gradually came to know that people do not choose their beliefs based on what they are, but it is what they believe in that shaped what they are.

That is why I choose to believe in believing.

Believing is just like the beginning to everything, that’s why they always say that once you believe, you’ll be halfway there. “Your belief determines your actions and your action determines your results, but first you have to believe.” What a wise saying indeed.